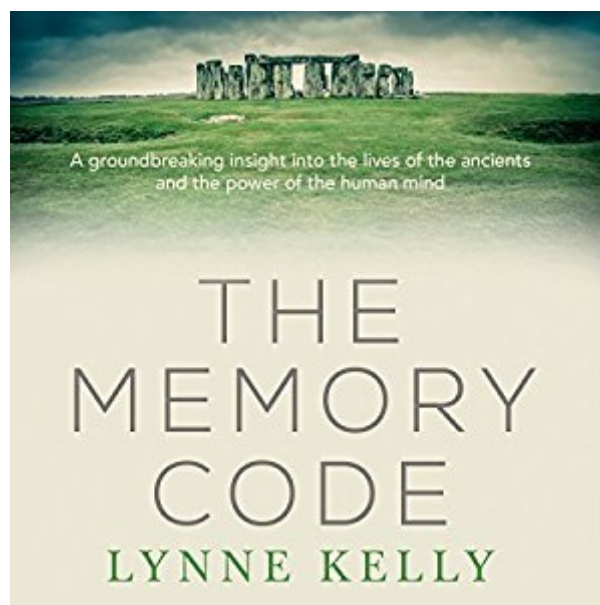


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The Memory Code: The Traditional Aboriginal Memory Technique That Unlocks The Secrets Of Stonehenge, Easter Island And Ancient Monuments The World Over



Synopsis

In the past the elders had encyclopaedic memories. They could name all the animals and plants across the landscape and the stars in the sky, too. Yet most of us struggle to memorise more than a short poem. Using traditional Aboriginal Australian songlines as the key, Lynne Kelly has identified the powerful memory technique used by indigenous people around the world. She has discovered that this ancient memory technique is the secret behind the great stone monuments like Stonehenge, which have for so long puzzled archaeologists. The stone circles across Britain and Northern Europe, the elaborate stone houses of New Mexico, huge animal shapes in Peru, and the statues of Easter Island all serve as the most effective memory system ever invented by humans. They allowed people in nonliterate cultures to memorise the vast amounts of practical information they needed to survive. In her fascinating audiobook, *The Memory Code*, Lynne Kelly shows us how we can use this ancient technique to train our memories today.

Book Information

Audible Audio Edition

Listening Length: 11 hours & 22 minutes

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Customer Reviews

I loved *The Memory Code*. I loved the book. I loved the audiobook. Does that sound like a fan girl? I have recommended this book to many people. It is the best book I've read this year. I read a lot and seldom use the term "best" for any book. It's brilliant and makes a reader rethink what we call "pre-history" and gives tips to improve memory (a topic on the minds of many people).

This book identifies a breakthrough concept, which will deepen your appreciation of pre-literate cultures and how they encoded knowledge and passed it through the generations. This book also

exposed me to learning techniques which I had forgotten from my childhood.

Brilliant.

yes. Brilliant. It is possible to store and recall vast stores of data in memory with memory techniques. This is well known. Yet still these techniques are often taught as if the only value is to become a more proficient...machine. Enhanced productivity is, unfortunately, the sign of the times. Yes it is valuable. Yet, Lynne Kelly came to this from the anthropological side, and through self-experimentation and immersion (rather than remotely assessing cultures from her head), demonstrates that these techniques can change how we are in this world. This is so refreshing--she does the work on herself to understand the cultures from the inside. She demonstrates what's possible...The way a culture stores it's information about itself and and what it has learned in the world entirely shapes how it interacts in the world (and vice versa. The modern world catalogues and dissects reality"objectively"--something outside itself, and from which it stands apart. "Pre-history", that is, non-literate cultures, maintained their information through story, using techniques, in a way which fundamentally connects the person to the phenomenal world. Observing from the outside (incorrectly, as the author asserts) we have generally dismissed oral cultures as superstitious child's play.I began to wonder who are truly the Barbarians...

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